



## Camping Checklist

What to bring on our camping trip

### High Adventure Camping Checklist

**NOTE:** High Adventure Camping is not car-camping like our regular camping trips. You will be required to have a backpack capable of carrying everything you will need for you (and your son/s). This will involve hiking 3+ miles to our campsite from the parking location. So while this camp is free, you may need to invest in some of the specialized backpacking items listed below.

#### Backpacking Items Highly Recommended:

- **Large backpack** suitable to haul all your gear on the hike(s).
- **Dehydrated food** or other lightweight food items for **all** meals (and snacks).
- **Backpackers stove** and liquid fuel (*We will be making lightweight stoves at an upcoming meeting*)
- **Water Bottle** or bladder for carrying daily supply of water.
- **Water filtration device** for purifying water from the streams (Sawyer, Lifestraw, or similar)
- **Metal Container**— or Canteen cup for boiling water.
- **Camp spork**, or utensils for eating.
- **Lightweight Shelter** (if you have a large family tent, you may want to invest in a lightweight tent)
- **Small Shovel & Roll of T-P.** (*there will be no formal restrooms*)
- **Trash Bag** (*we will pack out all trash*)

#### REGULAR CAMP ITEMS RECOMMENDED FOR ALL CAMPS:

##### Clothing

- Pajamas
- Underwear
- Socks (One per day +1)
- Shorts
- Pants (at least one)
- Short-sleeve shirt(s)
- Long-sleeve shirt (at least one)
- Sweatshirt / Hoodie/ Jacket
- Knit hat for night time
- Hat for hiking
- Gloves
- Hiking boots
- Sneakers or Camp shoes/flip-flops

##### Sleeping

- **Cover** – Tent (w/ Rain fly)
- Tarp (*for under tent*)
- Sleeping Pad / Mattress
- Sleeping bag
- Pillow
- Flashlight (*the 6th C-Candle*)

## Personal & Toiletry

- Medical release form
- Tooth brush & paste
- Sunscreen
- Lotion
- Bug repellent
- Hand sanitizer
- Wipes
- Fingernail clippers
- Tweezers
- Sunglasses
- **Cotton** Towel

## Equipment for Activities

- Bible
- Backpack
- **Compass**
- **Cutting Tool**/ Knife (*only w/ knife safety training*)
- Whittling chip /Badge
- **Cordage** /Short rope (*for knots training & practice*)
- **Containers** / Water bottle(s)
- Camera
- Sketch pad (optional)
- Nature journal (*optional*)
- Binoculars (*optional*)
- Playing cards (*optional*)
- Lanterns (*optional*)

## Food & Or Snacks

- Personal camp flatware / plate / cup (*Optional—but will reduce waste at mealtimes*)
- **Snacks for between meals\***
- Additional / Emergency Supply of Water – For Campsites without water supply—we recommend 1/gallon per day/person. (*for weight savings, plan on filtering or purifying the creek water supply on the trail*)

**\* BEAR WARNING:** *If bringing snacks to a campground with potential bears—you are required to store all food, toothpaste or other potential "food" items in a bear safe container away from our sleeping location. The troop has several "scent blocking" plastic bags that can be used to store these items. DO NOT leave them in your car or in your tent, as they can attract bears and other scavengers.*

## The 10 C's of Survivability From Dave Canterbury

1. **Cutting Tool** (Like a knife)
2. **Combustion** (Something to make fire)
3. **Cover** (to make shelter)
4. **Container** (for storing and boiling water)
5. **Cordage** (some sort of rope)
6. **Candle** (flashlight or other quick light source)
7. **Cotton** (bandage, signal, tinder)
8. **Compass** (for navigation)
9. **Cargo Tape** ( like duct / gorilla tape)
10. **Canvas Needle** (splinters, repair work)